

QUARANTINE EXPECTATIONS

The following is expected of you while in **Quarantine Housing:**

Your Room:

- You are allowed to be in your own room without your mask
- No one else is allowed in your room.
- Keep noise down at night and be respectful of others around you.

Outside the Room:

- You must wear a mask when you leave your room.
- Wash your hands often.
- Take toiletry items with you – do NOT leave them in the bathroom.
- You may socialize with other quarantined students while wearing a mask.
- You may share the lounge space with other quarantined students while adhering to the social distancing guidelines of wearing a mask and staying 6-feet apart.
- Keep shared spaces clean.

Outside the Building:

- You may use the outdoor space by your building.
- You CANNOT leave the quarantine site or the designated outdoor space unless it has been cleared with the Student Life office.

Food:

- Food will be delivered to your building during normal mealtimes.



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Contact Information

If there is anything you need to improve your stay, please contact the

Student Life Office:

641.784.5104

For any questions or concerns related to your quarantine residence, please contact the designated Residence Life student worker –

Landon Hampton

landon1@graceland.edu

816.305.1461

You will be allowed to exit quarantine housing **ONLY** upon the approval of the COVID Coordinator:

321.501.5173



PACKING LIST

To prevent the possibility of exposing another student, you have **15 minutes** to pack up things you will need for quarantine or isolation. You can expect to be in quarantine/isolation for at least 14 days.

This list is an example of things that may be useful:

HEALTH

- Medications
- Glasses/Contacts
- Thermometer

GENERAL ITEMS

- Duffel Bag or other easy-to-carry bag
- Comfortable clothes
- Pajamas
- Socks/Underwear
- Extra Pillow

ENTERTAINMENT

- Books, textbooks
- Laptop / tablets
- Phone
- Chargers for phone and electronics
- Non-perishable snacks

HYGIENE SUPPLIES

- Toothbrush
- Toothpaste
- Hairbrush
- Hair Ties
- Bonnets
- Shower Supplies
- Towels

IMPORTANT CONTACTS:

Please contact the Student Life office with questions or concerns at:
641.784.5104

For Emergencies, call:

GU Security/After-Hours Facilities:
641.784.5199

COVID Coordinator, Mary Ann Martin:
321-501.5173

Mental Health, Dee White-Eye:
641.784.5463