

ISOLATION EXPECTATIONS

The following is expected of you while in Isolation Housing:

Your Room:

- You are allowed to be in your own room without your mask
- Keep noise down at night and be respectful of others around you.

Outside your Room:

- You may use the outdoor space by your building.
- Visitors are NOT allowed.
- You will not be allowed into the Residence Halls until cleared by the COVID coordinator.

Food:

- Food will be delivered to your building during normal mealtimes.

Contact Information

If there is anything you need to improve your stay, please contact the Student Life Office:

641.784.5104

You will be allowed to exit isolation housing ONLY upon the approval of the COVID Coordinator.



Graceland
UNIVERSITY | 1895



PACKING LIST

To prevent the possibility of exposing another student, you have **15 minutes** to pack up things you will need for quarantine or isolation. You can expect to be in quarantine/isolation for at least 14 days.

This list is an example of things that may be useful:

HEALTH

- Medications
- Glasses/Contacts
- Thermometer

GENERAL ITEMS

- Duffel Bag or other easy-to-carry bag
- Comfortable clothes
- Pajamas
- Socks/Underwear
- Extra Pillow

ENTERTAINMENT

- Books, textbooks
- Laptop / tablets
 - Phone
- Chargers for phone and electronics
- Non-perishable snacks

HYGIENE SUPPLIES

- Toothbrush
- Toothpaste
- Hairbrush
- Hair Ties
- Bonnets
- Shower Supplies
- Towels

IMPORTANT CONTACTS:

Please contact the Student Life office with questions or concerns at:
641.784.5104

For Emergencies, call:

GU Security/After-Hours Facilities:
641.784.5199

COVID Coordinator, Mary Ann Martin:
321-501.5173

Mental Health, Dee White-Eye:
641.784.5463