

Video Self-Evaluation and Reflection

To be completed in Chalk and Wire

Video yourself teaching your class. Watch your video and think about what you did well and what you could improve on. Use the video reflection form to record your observations.

To access the video reflection form, click on Add Content. Then choose Form, and choose Video Self-Evaluation Current. Then Save. The fillable form will pop up under these instructions.

Once you have it, enter your evaluations, but make sure you click SAVE at the bottom before you close it. You can go back to it as many times as necessary but remember to save each time. When it is complete, submit it to your University Supervisor for assessment.

Part One: Self-Evaluation

Criteria	Standards	Characteristics
Lesson Topic	Reflects INTASC 4f (D)	The lesson topic was appropriate to teacher and students, effective, coherent, linked to students' needs, abilities, interests, and prior knowledge.
Instructional Planning	Cares, Leads INTASC 7a (D)	Lesson was carefully planned and organized to be coherent with subject matter and learners' abilities, captivating introduction and clean main focus linked to previous knowledge, stimulating conclusion, materials ready, manages time, space, and activities effectively.
Attentive	Cares INTASC 2b (D)	I showed an interest in individual students, individualized presentation, had rapport with students; directed focus on now, minimal distractions, listened, provided feedback
Appearance	Reflects INTASC 3f (D)	My appearance was professional, facial expression matches message, smiled, helpful gestures, confident posture, meaningful movement, direct and inclusive eye contact.
Sound	Reflects INTASC 3f (D)	My voice was set at an appropriate volume, varied pitch and rate, pleasant voice quality, correct enunciation and clarity.
Verbal Communication	Reflects INTASC 3f (D)	I used appropriate and effective vocabulary, no extraneous word fillers or jargon, clarity of instruction, concrete and completed thoughts.
Instructional Strategies	Cares, Reflects INTASC 9e (D)	I used a variety of instructional strategies, flexible and responsive to students, attitude of caring, engaged students in active learning, promoted personal and social development.
Presentational Aids	Leads INTASC 5c (D)	The visual aids used were simple, legible and speaker controlled; enhanced lesson, maintained attention, supported understanding and retention, clarifies and supplements.
Assessment	Reflects INTASC 6g (D)	I used informal assessment strategies, communicated student progress, used strategies to involve learners in self assessment
Responsibility	Reflects, Leads INTASC 9c (D)	I made adjustments according to students' needs, abilities, and interests

Part Two: Reflection

1. Briefly describe the context of the lesson (the activity, location, purpose, class composition, etc.)
2. Did students accomplish what you intended them to accomplish (i.e. your objectives?) Why or why not?
3. How did students respond to your lesson? Explain adjustments you might have made based on students' response.
4. How did use of instructional technology and/or visual aids impact student learning?
5. What were your instructional strengths and why do you consider them strengths?
6. What were your least creative strategies and why?
7. What would you do differently to improve your instructional strategies if you could teach the lesson again? Why?
8. What are appropriate professional goals and how do you plan to meet them?
9. How do you plan to redesign instruction for future teaching?
10. How would you rate the quality of your videotape and the video-recording process?